A Message from the CHANCELLOR

GROSSMONT-CUYAMACA
COMMUNITY COLLEGE DISTRICT

Dear Colleagues,

In an abundance of caution, I wanted to share an update regarding emergency planning for coronavirus. The Centers for Disease Control and Prevention has urged schools and businesses to begin preparing in the event that coronavirus cases begin spreading across the United States. **While the immediate health risk for the general American public, who are unlikely to be exposed to the virus, is considered low,** the CDC has advised that the potential public health threat posed by the virus is high.

The Grossmont-Cuyamaca Community College District is closely tracking the progress of coronavirus, and we are receiving regular updates from the CDC and San Diego County Public Health Services. Note that San Diego County has had only two confirmed cases of coronavirus. No cases of coronavirus have been reported at Grossmont or Cuyamaca colleges.

The District is planning for the unlikely event that coronavirus becomes a threat to public health in San Diego County. All students, employees, and the general public will be notified if further steps are necessary.

In the meantime, the best steps you can take to protect yourself against any respiratory disease (including the flu) and help prevent the spread of viruses are to follow the guidelines below:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your mouth or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

If you have questions, please contact the Grossmont College Student Health and Wellness Center or the Cuyamaca College Health and Wellness Center.

Be assured that the health and safety of students, employees, and visitors is always the top priority at our District.

Lynn Ceresino Neault, Ed.D.
Chancellor
Grossmont-Cuyamaca Community College District